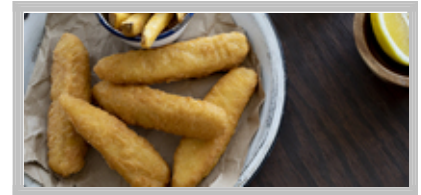




# 078052 - MRS. FRIDAY'S® BEER BATTERED COD FILLETS 2 OZ.



In the traditional manner of English Pub recipes, we hand-fillet 100% natural, untreated, whole muscle fish; and coat them with a crisp, savory batter made using robust-flavored, Samuel Adams Boston Lager®\*. Available on premium snow-white halibut, moist and mild cod, or light, mild flavor tilapia. \*Samuel Adams® Boston Lager is a registered trademark of The Boston Beer Company.

Brand: Mrs. Friday's

## Nutrition Facts

52 servings per container

Serving size **4 Ounces (113.4g)**

Amount per serving  
**Calories 170**

% Daily Value\*

Total Fat 4g **5%**

Saturated Fat 1g **5%**

Trans Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 0g

Cholesterol 30mg **10%**

Sodium 430mg **19%**

Total Carbohydrate 20g **7%**

Dietary Fiber 0g **2%**

Soluble Fiber 0

Insoluble Fiber 0g

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 14g

Vitamin D 0mcg 0% • Calcium 25mg 2%

Iron 2mg 6% • Potassium 250mg 6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Cod, Samuel Adams® Boston Lager (Water, Malted Barley, Hops, Yeast), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Wheat Flour, Yellow Corn Flour, Cottonseed And/Or Soybean Oil, Corn Dextrin, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Wheat Gluten, Spice, Annatto Extract, Buttermilk, Garlic Powder, Lactose, Natural Flavor (Maltodextrin, Modified Corn Starch, Corn Syrup Solids, Caramel Color, Malted Barley Flour), Nonfat Dry Milk, Paprika Extract, Whey Powder. Contains: Fish (Cod), Wheat, Milk.

### Product Specifications

GTIN	00070017780523	Case Gross Weight	11 LB
UPC		Case Net Weight	10 LB
Pack Size	4 / 2.5LB	Case L,W,H	15.83 IN, 9.83 IN, 6.10 IN
Shelf Life	547 Days	Cube	0.55 CF
Tie x High	10 x 7		

### Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. Appliances may vary. Deep Fryer: Heat oil to 350°F. Add fillets shaking basket occasionally to prevent from adhering. Fry for approximately 4.5 to 5 minutes or until golden brown.

### Serving Suggestions

- Signature, pub-inspired entrées
- Authentic fish & chips
- Fish sandwiches, wraps
- Fish tacos
- Fish Fry

### Packaging and Storage

Keep Frozen

### Allergens

CONTAINS:  
Fish or Fish Derivatives, Milk or Milk Derivatives, Wheat or Wheat Derivatives

FREE FROM:  
Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives

### Barcode



Case Barcode

00070017780523



Each Barcode

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