



078053 - MRS. FRIDAY'S® BEER BATTERED COD FILLETS 3 OZ.

In the traditional manner of English Pub recipes, we hand-fillet 100% natural, untreated, whole muscle fish; and coat them with a crisp, savory batter made using robust-flavored, Samuel Adams Boston Lager®*. Available on premium snow-white halibut, moist and mild cod, or light, mild flavor tilapia. *Samuel Adams® Boston Lager is a registered trademark of The Boston Beer Company.



Brand: Mrs. Friday's

Nutrition Facts

52 servings per container

Serving size **85 (85g)**

Amount per serving
Calories **150**

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 2g **9%**

Trans Fat 0g

Polyunsaturated Fat 4g

Monounsaturated Fat 1g

Cholesterol 15mg **5%**

Sodium 260mg **11%**

Total Carbohydrate 12g **4%**

Dietary Fiber 0g **0%**

Soluble Fiber 0

Insoluble Fiber 0g

Total Sugars 0g

Includes g Added Sugars **0%**

Protein 9g

Vitamin D 0mcg 0% • Calcium 0mg 0%

Iron 4mg 4% • Potassium 195mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Cod, Enriched Bleached Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Samuel Adams Boston Lager (May Contain Barley), Cottonseed And/Or Soybean Oil, And/Or Canola Oil, Wheat Flour, Water, Yellow Corn Flour, And Contains Less Than 2% of: Corn Starch, Corn Dextrin, Salt, Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Lactose, Spice, Natural Flavor (With Maltodextrin, Modified Food Starch, Corn Syrup, Caramel Color, Barley Malt), Buttermilk Solids, Whey Solids, Garlic Powder, Nonfat Dry Milk, Annatto (Coloring), Extractive of Paprika (Coloring). Contains Cod, Wheat, Milk.

Product Specifications

GTIN	00070017780530	Case Gross Weight	10.91 LB
UPC		Case Net Weight	10 LB
Pack Size	4 / 2.5LB	Case L,W,H	16.31 IN, 10.44 IN, 6.13 IN
Shelf Life	365 Days	Cube	0.60 CF
Tie x High	10 x 7		

Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Deep Fryer: Heat oil to 350°F. Add product, shaking baskets occasionally to prevent from adhering. Fry for approximately 4.5 - 5 minutes or until golden brown.

Serving Suggestions

- Signature, pub-inspired entrées• Authentic fish & chips• Fish sandwiches, wraps• Fish tacos• Fish Fry

Packaging and Storage

Keep Frozen

Allergens

CONTAINS:

Fish or Fish Derivatives, Milk or Milk Derivatives, Wheat or Wheat Derivatives

FREE FROM:

Eggs or Egg Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives, Crustaceans or Crustacean Derivatives

Barcode

Case Barcode



00070017780530

Each Barcode



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