



# 057135 - MRS. FRIDAY'S® LIGHTLY BREADED CAJUN CRAWFISH

The finest, hand-picked crawfish tails are lightly coated with a homestyle batter featuring authentic Cajun spices for a delicate crunch with a zesty kick. A traditional Cajun cuisine favorite, these crisp, savory crawfish are the ideal way to add Bayou flavor to you menu.



Brand: Mrs. Friday's

## Nutrition Facts

52 servings per container

Serving size **4 ounces (113.4g)**

Amount per serving

**Calories 140**

% Daily Value\*

Total Fat 2.5g **3%**

Saturated Fat 0g **2%**

Trans Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 0g

Cholesterol 80mg **27%**

Sodium 490mg **21%**

Total Carbohydrate 17g **6%**

Dietary Fiber 0.5g **2%**

Soluble Fiber 0

Insoluble Fiber 14g

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 13g

Vitamin D 0mcg 0% • Calcium 40mg 4%

Iron 1mg 8% • Potassium 245mg 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

Crawfish, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Bleached Wheat Flour, Cottonseed And/Or Soybean Oil Cottonseed Oil, Salt, Modified Corn Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Seasoning (Spices, Salt, Dehydrated Garlic, Dehydrated Onion And Less Than 2% Tricalcium Phosphate To Prevent Caking), Yellow Corn Flour, Spices, Sodium Tripolyphosphate. Contains: Crustacean Shellfish (Crawfish), Wheat.

## Product Specifications

GTIN	10041338571357	Case Gross Weight	10.59 LB
UPC		Case Net Weight	10 LB
Pack Size	4 / 2.5LB	Case L,W,H	12 IN, 15.83 IN, 6.10 IN
Shelf Life	540 Days	Cube	0.67 CF
Tie x High	12 x 5		

## Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. Appliances may vary. DEEP FRYER: Heat oil to 350°F. Add crawfish shaking basket occasionally to prevent from adhering. Fry approximately 2 to 2.25 minutes or until golden brown.

## Serving Suggestions

- Distinctive appetizer • Po' boy sandwich • New Orleans seafood platter • Salads or lettuce wraps • Signature entrées

## Packaging and Storage

Keep Frozen

## Allergens

CONTAINS:

Crustaceans or Crustacean Derivatives, Wheat or Wheat Derivatives

FREE FROM:

Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Soybeans or Soybean Derivatives, Treenut or Treenut Derivatives

## Barcode

Case Barcode



10041338571357