



004276 - MRS. FRIDAY'S® UNBREADED KRABBYCAKES® 2.25 OZ.

Unbreaded seafood cakes are made with a blend of real snow crab meat and premium imitation crab, flavored with just the right mix of seasonings for a savory flavor. A healthier menu alternative at an attractive price.

Brand: Mrs. Friday's



Nutrition Facts

70 servings per container

Serving size **2.25 Ounces (2.2oz)**

Amount per serving

Calories 140

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 1g **6%**

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 0g

Cholesterol 20mg **7%**

Sodium 590mg **26%**

Total Carbohydrate 15g **5%**

Dietary Fiber 0g **2%**

Soluble Fiber 0

Insoluble Fiber 2g

Total Sugars 3g

Includes 2g Added Sugars **5%**

Protein 5g

Vitamin D 0mcg 0% • Calcium 60mg 6%

Iron 0mg 4% • Potassium 90mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Imitation Crab Meat(Fish Protein (Alaska Pollock And/Or Pacific Whiting), Water, Wheat Flour, Sugar, Soybean Oil, Salt, Snow Crab, Sorbitol, Maltose, Dextrose, Mirin (Rice, Alcohol, Salt, Enzyme, Koji), Yeast Extract, Hydrolyzed Protein (Corn, Whey, Soy, Wheat), Calcium Carbonate, Potato Starch, Monoglyceride, Natural Flavor, Corn Syrup Solids, Egg Whites, Sodium Tripolyphosphate And/Or Tetrasodium Pyrophosphate, Disodium Guanylate, Disodium Inosinate, Artificial Flavor, Annatto, Carmine), Mayonnaise (Soybean Oil, Water, Egg Yolk, High Fructose Corn Syrup, Distilled Vinegar, Salt, Mustard Seed, Calcium Disodium Edta), Cracker Meal (Enriched Bleached Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)), Whole Eggs, Red Bell Pepper, Onion, Dijon Mustard (Vinegar, Water, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spices), Worcestershire Sauce (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Anchovies, Tamarind, Natural Flavor), Cottonseed And/Or Soybean Oil, Water, Tabasco Sauce (Distilled Vinegar, Red Pepper, Salt), Spices, Garlic Powder, Salt. Contains: Crustacean Shellfish (Crab), Fish (Pollock), Fish (Whiting), Fish (Anchovies), Wheat, Egg, Milk, Soy.

Product Specifications

GTIN	00070017042768	Case Gross Weight	11 LB
UPC		Case Net Weight	10 LB
Pack Size	4 / 2.5LB	Case L,W,H	15.83 IN, 9.83 IN, 6.10 IN
Shelf Life	545 Days	Cube	0.55 CF
Tie x High	12 x 7		

Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. Appliances may vary. Convection Oven: Preheat 375°F. Place cakes on baking sheet and cook for approximately 10 to 12 minutes from frozen. Griddle Or Skillet: Pan fry frozen 8 to 10 minutes or thawed 4 to 6 minutes over medium heat.

Serving Suggestions

- Lunch or dinner entrées• Appetizers• Ideal for home mealreplacement/retail deli• Sandwiches• Catering/banquets

Packaging and Storage

Keep Frozen

Allergens

CONTAINS:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Soybeans or Soybean Derivatives, Wheat or Wheat Derivatives

FREE FROM:

Peanuts or Peanut Derivatives, Sesameseeds or Sesameseed Derivatives, Treenuts or Treenut Derivatives

Barcode

Case Barcode



00070017042768