



041260 - MRS. FRIDAY'S® TWISTED CALAMARI

Great taste and from-scratch look brings operators a rare, stand-out opportunity to entice passionate calamari lovers. Mrs. Friday's Breaded Twisted Calamari is perfect for appetizers and pairs well with sauces and pasta dishes.

Brand: Mrs. Friday's



Nutrition Facts

64 servings per container

Serving size 3 ounces (85g)

Amount per serving

Calories 140

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0g **2%**

Trans Fat 0g

Cholesterol 120mg 41%

Sodium 570mg 24%

Total Carbohydrate 19g 6%

Dietary Fiber 0.5g **2%**

Total Sugars 0.5g

Includes 0g Added Sugars **0%**

Protein 12g

Vitamin D 0mcg 0% • Calcium 30mg 2%

Iron 1mg 6% • Potassium 150mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Calamari, Water, Bleached Wheat Flour, Enriched Bleached Wheat Flour (Wheat Flour, Folic Acid, Thiamine Mononitrate, Niacin, Reduced Iron, Riboflavin), Yellow Corn Flour, Salt, Cottonseed And/Or Soybean Oil, Whey, Wheat Gluten, Whey Protein Concentrate, Corn Syrup Solids, Modified Corn Starch, Dried Whole Eggs, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Sodium Aluminum Phosphate), Dried Egg Whites, Spice Extractive, Garlic Powder, Onion Powder, Flavor (Maltodextrin, Gum Acacia, Natural Flavor, Silicon Dioxide), Spices, Sodium Citrate, Maltitol, Lactitol, Sodium Polyphosphate. Contains: Wheat, Egg, Milk.

Product Specifications

GTIN	10041338412605	Case Gross Weight	13.50 LB
UPC		Case Net Weight	12 LB
Pack Size	6 / 2LB	Case L,W,H	14.88 IN, 10.56 IN, 9.75 IN
Shelf Life	365 Days	Cube	0.88 CF
Tie x High	10 x 4		

Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. Appliances may vary. DEEP FRYER: Heat oil to 350°F. Add calamari, shaking basket occasionally to prevent adhering. Fry for approximately 1.25 to 1.5 minutes.

Serving Suggestions

Appetizers

Packaging and Storage

Keep Frozen

Allergens

CONTAINS:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Milk or Milk Derivatives, Wheat or Wheat Derivatives

FREE FROM:

Fish or Fish Derivatives, Peanuts or Peanut Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives

Barcode

Case Barcode



10041338412605