



# 070243 - MRSF TAVERN BAT POLLOCKFILLETS, 2-3 oz, 4/5#

Our exclusive blend of brewer's yeast and natural hops produces authentic pub flavor in a light, crispy batter with a hand-dipped appearance. Add the clean, natural flavors of our most popular species, and Mrs. Friday's® Tavern Battered Fish are the most convenient, versatile way to ensure happy, repeat guests.

Brand: Mrs. Friday's



## Nutrition Facts

53 servings per container

Serving size **2.5 ounces (70.8g)**

Amount per serving  
**Calories 100**

% Daily Value\*

Total Fat 2.5g **4%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Polyunsaturated Fat 3.5g

Monounsaturated Fat 1g

Cholesterol 25mg **8%**

Sodium 360mg **15%**

Total Carbohydrate 11g **4%**

Dietary Fiber 0g **2%**

Soluble Fiber 0

Insoluble Fiber 0g

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 8g

Vitamin D 0mcg 0% • Calcium 10mg 2%

Iron 1mg 4% • Potassium 150mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

Alaska Pollock, Water, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cottonseed And/Or Soybean Oil, Modified Corn Starch, Salt, Garlic Powder, Leavening (Corn Starch, Monocalcium Phosphate, Sodium Acid Pyrophosphate, Sodium Bicarbonate), Rice Flour, Whey, Caramel Color, Corn Syrup, Natural Flavor, Spices, Sugar, Xanthan Gum, Yellow 5, Yellow 6. Contains: Fish (Pollock), Wheat, Milk.

## Product Specifications

|            |                |                   |                             |
|------------|----------------|-------------------|-----------------------------|
| GTIN       | 10070017702430 | Case Gross Weight | 23 LB                       |
| UPC        |                | Case Net Weight   | 20 LB                       |
| Pack Size  | 4 / 5LB        | Case L,W,H        | 19.82 IN, 11.82 IN, 8.50 IN |
| Shelf Life | 545 Days       | Cube              | 1.15 CF                     |
| Tie x High | 8 x 5          |                   |                             |

## Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. Appliances may vary. DEEP FRYER: Heat oil to 350°F. Add fillets, shaking baskets occasionally to prevent from adhering. Fry for approximately 5 to 5.5 minutes. CONVECTION OVEN: Preheat 375°F. Place fillets on baking sheet and cook for approximately 12-14 minutes.

## Serving Suggestions

- Fish & chips • Fish sandwiches • Fish wraps • Fish tacos • Lunch & dinner entrées • Fish Fry

## Packaging and Storage

Keep Frozen

## Allergens

CONTAINS:

Fish or Fish Derivatives, Milk or Milk Derivatives, Wheat or Wheat Derivatives

FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives

## Barcode

Case Barcode



10070017702430