



**070031 - MRS. FRIDAY'S® TAVERN  
BATTERED® HADDOCK FILLETS 8-10  
OZ.**

Our exclusive blend of brewer's yeast and natural hops produces authentic pub flavor in a light, crispy batter with a hand-dipped appearance. Add the clean, natural flavors of our most popular species, and Mrs. Friday's® Tavern Battered® Fish are the most convenient, versatile way to ensure happy, repeat guests.

Brand: Mrs. Friday's



## Nutrition Facts

20 servings per container

**Serving size 9 Ounces (255.1g)**

**Amount per serving**

**Calories 330**

**% Daily Value\***

**Total Fat 9g 12%**

Saturated Fat 2g **11%**

*Trans* Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

**Cholesterol 95mg 31%**

**Sodium 940mg 41%**

**Total Carbohydrate 31g 10%**

Dietary Fiber 0g **3%**

Soluble Fiber 0

Insoluble Fiber 12g

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein 31g**

Vitamin D 2mcg 0% • Calcium 45mg 4%

Iron 2mg 10% • Potassium 530mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Haddock, Water, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cottonseed And/Or Soybean Oil, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Starch, Modified Corn Starch, Salt, Potato Dextrin, Bleached Wheat Flour, Leavening (Corn Starch, Monocalcium Phosphate, Sodium Acid Pyrophosphate, Sodium Bicarbonate), Modified Potato Starch, Rice Flour, Garlic Powder, Caramel Color, Corn Syrup, Maltodextrin, Natural Flavor, Spices, Sugar, Whey, Xanthan Gum, Yellow 5, Yellow 6. Contains: Fish (Haddock), Wheat, Milk.

### Product Specifications

GTIN	00070017700316	Case Gross Weight	11 LB
UPC		Case Net Weight	10 LB
Pack Size	1 / 10LB	Case L,W,H	15.83 IN, 9.83 IN, 6.10 IN
Shelf Life	365 Days	Cube	0.55 CF
Tie x High	12 x 7		

### Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. Appliances may vary. Deep Fryer: Heat oil to 350°F. Add fillets shaking basket occasionally to prevent from adhering. Fry for approximately 7.5 to 8.5 minutes or until golden brown.

### Serving Suggestions

- Xtreme fish & chips• Xtreme combo platters• Xtreme sandwiches and wraps• Xtreme baskets

### Packaging and Storage

Keep Frozen

### Allergens

CONTAINS:

Fish or Fish Derivatives, Milk or Milk Derivatives, Wheat or Wheat Derivatives

FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives

### Barcode

Case Barcode



00070017700316